

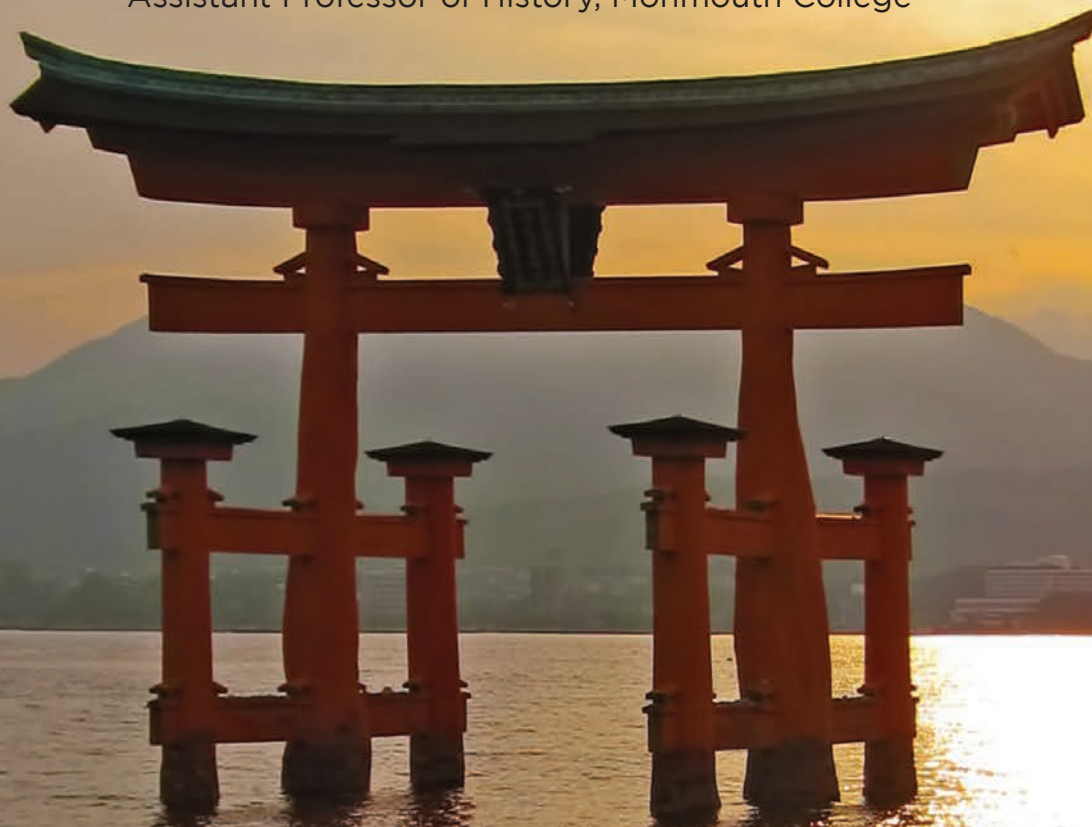


ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

JAPAN BY SEA

LAND OF THE RISING SUN

Featuring **MICHELLE DAMIAN**,
Assistant Professor of History, Monmouth College



MAY 5-19, 2019

Aboard the *Caledonian Sky*



Dear Traveler,

You are invited to join this delightful, springtime, **cultural exploration of Japan with AIA lecturer and host Michelle Damian**, a specialist in Japanese maritime history and archaeology, **aboard the 57-cabin, all-suite *Caledonian Sky***. This small nation of nearly 7,000 islands is wonderfully suited for exploration by small ship, and the *Caledonian Sky* conveys us comfortably to a **fascinating variety of tranquil historic towns, artistic centers, and remote islands**.

Begin with a deluxe, three-night **hotel stay in Kyoto**, including day trips to Nara and the Miho Museum. Then embark our small ship and unpack once for a **10-night cruise through the Inland Sea and into the Sea of Japan**, including a day in **South Korea**. Along the way, you will experience dramatic coastlines, sacred temples, celebrated gardens, and cutting-edge art and architecture.

Meet and interact with a Zen Buddhist monk and the owner of a traditional geisha house, and participate in a hands-on *taiko* drum workshop with the world-famous Kodo drummers at their home base on remote Sado Island. Take part in a traditional tea ceremony, attend a specially arranged performance of sacred *bugaku* dance, and marvel at the stunning iconic beauty of Miyajima's *torii* gate.

You will **learn about the culture, art, architecture, and history of Japan** on daily shore excursions and during an **enriching onboard educational program** with AIA lecturer and host Michelle Damian and other onboard experts. Several optional post-cruise extensions are also available, to discover highlights of Otaru, Sapporo, and/or Tokyo.

Japan is a perennially favorite destination for travelers. This program is co-sponsored by other organizations and will surely fill quickly, so I encourage you to reserve your preferred cabin today by contacting AIA Tours at aia@studytours.org or **(800) 748-6262**.

Sincerely,



R. Todd Nielsen
Director, AIA Tours

Archaeological Institute of America

THE ARCHAEOLOGICAL INSTITUTE OF AMERICA & THE AIA TOURS PROGRAM The Archaeological Institute of America (AIA) is the oldest and largest archaeological organization in North America. The AIA seeks to educate people of all ages about the significance of archaeological discovery. For more than a century the AIA has been dedicated to the encouragement and support of archaeological research and publication, and to the protection of the world's archaeological resources and cultural heritage. By traveling on an AIA Tour you directly support the AIA while personally gaining the benefit of the AIA's network of scholars and worldwide contacts.



STUDY
LEADERS

Visit two of Japan's most iconic sights: the dramatic red gate, or *torii*, of Itsukushima shrine (COVER), which appears to float on the water at high tide; and the Temple of the Golden Pavilion (THIS PAGE), which embodies the classical correlation of building and setting characteristic of the Muromachi period of Japanese garden design.



ARCHAEOLOGICAL INSTITUTE OF AMERICA (AIA) LECTURER & HOST

MICHELLE DAMIAN (PhD, University of Southern California) began working as an Assistant Professor at Monmouth College (IL) after a year as a postdoctoral fellow at the Reischauer Institute of Japanese Studies at Harvard University. She specializes in Japanese maritime history and archaeology, and has authored chapters in the volumes *Land, Power and the Sacred: The Estate System in Medieval Japan* (forthcoming, University of Hawaii Press, July 2018) and *Historical and Archaeological Perspectives on Early Modern Colonialism in Asia-Pacific* (University of Florida Press). Michelle has worked and studied in Japan for over nine years, in-

cluding eighteen months as a Fulbright fellow. Her current research focuses on 14th- to 16th- century Japanese maritime-based trade networks, tracing the movements of both people and commodities in the Seto Inland Sea region. She is also on the Board of Directors for the nonprofit Museum of Underwater Archaeology, and lectures on the AIA's national Lecture Program. At Monmouth, Michelle teaches classes on Japanese and Chinese history, public history, and maritime archaeology.



WERNER SOLLORS, Professor of English Literature at Harvard University, received his PhD from the Freie Universität Berlin. He is a fellow of the American Academy of Arts and Sciences, corresponding member



of the Austrian Academy of Sciences, and Fulbright fellow at the Nagoya Seminar. **ALIDE CAGIDEMETRIO** is professor emerita at the Università degli Studi di

Venezia (Cà Foscari) where she served as dean of Modern Languages and created and directed the Cà Foscari Harvard Summer School. She currently teaches literature at NYU Abu Dhabi. Both Alide and Werner are prolific authors and editors; and they are currently at work together on *Face to Face with Antiquity*, which examines visitors to global sites of antiquity.





While geishas, pottery, and exquisite gardens are traditionally associated with Japanese culture, cutting-edge architecture and technology are a testament to the forward-looking spirit of the Japanese people.

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SUNDAY & MONDAY, MAY 5 & 6

U.S. / Kyoto, Japan

Depart the U.S. on an overnight flight to Osaka, arriving on May 6. Check in to the Kyoto Hotel Okura. An optional afternoon tour is available at additional cost of \$70 per person, with visits to Sanjusangendo temple, featuring 1,001 gilded wooden statues of Kannon, the goddess of mercy, and Fushimi Inari, a Shinto shrine with tunnel-like paths formed by a seemingly unending line of vibrant orange torii gates. An early evening walk is also offered, at no additional cost, through the historic Pontocho and Gion districts. KYOTO HOTEL OKURA

TUESDAY, MAY 7

Kyoto

Explore the lovely gardens and learn about Zen Buddhism at Tenryu temple, then stroll through the adjacent Sagano Bamboo Grove, with its atmospherically dense stands of tall green bamboo offering wonderful photographic opportunities. This evening, enjoy a private presentation by a former geisha and *maiko* (apprentice geisha) and a festive welcome reception and dinner.

KYOTO HOTEL OKURA (B,L,R,D)

WEDNESDAY, MAY 8

Kyoto & Shiga

Venture this morning to the Miho Museum, built into a mountain slope in Shiga prefecture and considered one of the master achievements of architect I.M. Pei, with innovative skylights and windows creating a shifting

pattern of light and shadow. Return to Kyoto for an afternoon visit to the UNESCO World Heritage-designated Kinkaku-ji (Temple of the Golden Pavilion), whose shimmering central pavilion is covered in bright gold leaf. The evening is at leisure, with organized dinner options available at additional cost.

KYOTO HOTEL OKURA (B,L)

THURSDAY, MAY 9

Kyoto / Nara / Kobe (Embark)

Historic and beautiful Nara was the capital of Japan for only 74 years (710-784), but during that time Buddhism became firmly established within Japan and some of the country's most magnificent temples and works of art were created. Visit UNESCO World Heritage-designated Todai-ji, famous for its Daibutsu—a monolithic seated bronze statue of the Great Buddha. Also explore the wisteria-draped grounds of the Kasuga Taisha Shrine before continuing to Kobe to embark the *Caledonian Sky*.

CALEDONIAN SKY (B,L,D)

FRIDAY, MAY 10

Cruising / Hiroshima

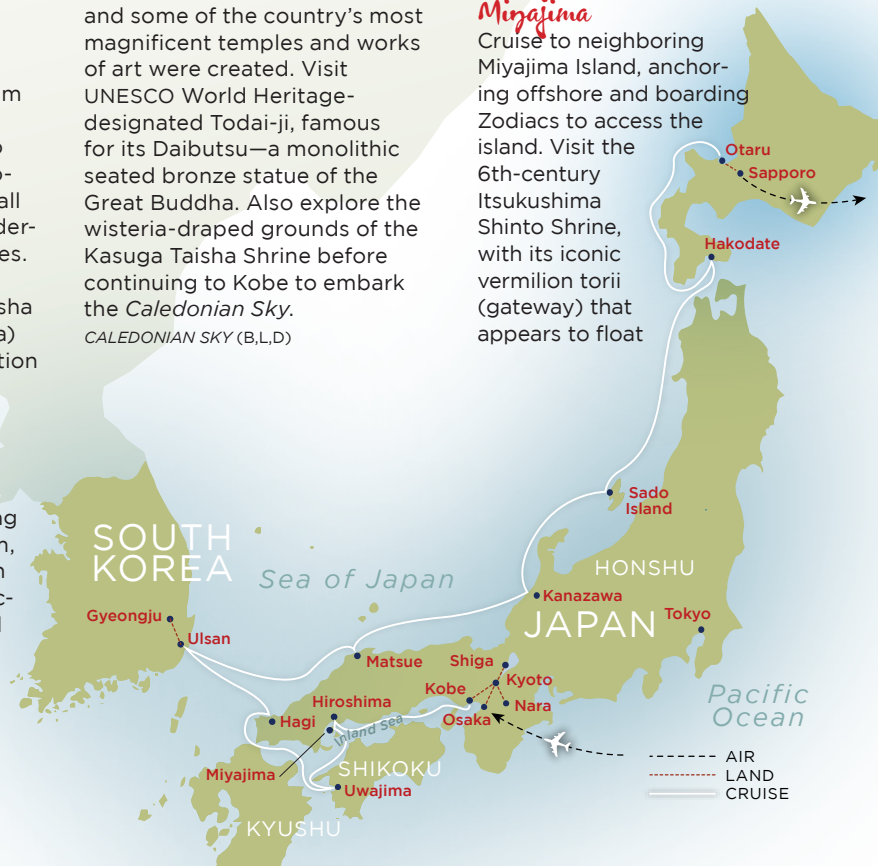
Relax on board and admire the scenery as we cruise through Japan's Inland Sea, dotted with tiny islands. Call at Hiroshima this afternoon and explore the Peace Memorial Park and Museum, which documents the atomic explosion that ravaged the city. This thriving modern city is a testament to Japan's post-war recovery. Continue with your choice of a visit to Shukkei-en garden or a tour of the Mazda Museum and auto manufacturing facility.

CALEDONIAN SKY (B,L,D)

SATURDAY, MAY 11

Miyajima

Cruise to neighboring Miyajima Island, anchoring offshore and boarding Zodiacs to access the island. Visit the 6th-century Itsukushima Shinto Shrine, with its iconic vermilion torii (gateway) that appears to float





JAPANESE FANS



HAGI POTTERY



VIEW FROM HAKODATE MOUNTAIN

O P T I O N A L E X T E N S I O N S



OPTIONAL POST-TOUR EXTENSIONS

Otaru & Sapporo

MAY 19-20, 2019

Explore Otaru's beautifully preserved historic port and canal area, then transfer to Sapporo for a stroll through Moerenuma Park and a beer tasting at a local brewery. After an overnight stay at the Sapporo Grand Hotel, transfer to Sapporo's New Chitose Airport for flights home.

Otaru, Sapporo & Tokyo

MAY 19-22, 2019

Join the first extension above through the overnight stay at the Sapporo Grand Hotel, then transfer to Sapporo's New Chitose Airport and fly directly to Tokyo for a two-night stay. Experience the city's contrasts at the Meiji Shrine, Nezu Museum, Imperial Palace Plaza, Tokyo National Museum, Senso-ji Temple, the basement food floor of a Japanese department store, and Tsukiji fish market. Finish with a night-time panoramic bus tour.

Otaru, Sapporo & Noboribetsu Onsen

MAY 19-23, 2019

Join the first extension above through the overnight stay at the Sapporo Grand Hotel, then drive to Lake Toya, stopping en route at a whisky distillery for a tour and tasting, followed by a lunch with views over the lake, and arrive for a two-night stay at the Noboribetsu Onsen, with its unique volcanic landscapes and therapeutic hot spring baths. Accommodations at the onsen are at a traditional Japanese inn, or *ryokan*. Return to Sapporo for a final overnight stay before flights home from Sapporo's New Chitose Airport.

Additional details and pricing for the optional extensions will be sent to confirmed participants.

on the sea at high tide, and enjoy free time for hikes, visits to tiny temples, and strolling the picturesque streets of the town. *CALEDONIAN SKY (B,L,D)*

SUNDAY, MAY 12

Uwajima & Rural Shikoku

Call at Uwajima on Shikoku Island for a chance to experience some of Japan's rural countryside, with fishing hamlets and farm villages nestled along rugged coastlines. Visit a farm where pearls are cultivated, see terraced fields rising in tiers up steep hillsides, and discover a beautifully preserved merchant town that evokes Japan's traditional past. *CALEDONIAN SKY (B,L,D)*

MONDAY, MAY 13

Hagi

Explore Japan's medieval heritage at Hagi, with its well-preserved samurai and merchant quarters and a ceramics tradition nearly 400 years old. Stop at the kiln of a master artisan to learn how the highly acclaimed *Hagi-yaki* is made. Walk the grounds of Toko-ji, where hundreds of moss-covered stone lanterns guard the graves of five Mori lords. Cruise overnight across the Korea Strait. *CALEDONIAN SKY (B,L,D)*

TUESDAY, MAY 14

Ulsan, South Korea

From the South Korean port of Ulsan, drive inland to the UNESCO World Heritage city of Gyeongju, ancient capital of the Silla kingdom, which ruled for 1,000 years. Visit Bulguksa, one of the most beautiful Buddhist temples in South Korea, with intricate paintings inside and out and two original 6th-century pagodas.

After a lunch of Korean specialties and a performance of Korean folkloric music, explore the royal tombs in Tumuli Park and the Gyeongju National Museum, largely devoted to Silla artifacts. *CALEDONIAN SKY (B,L,D)*

WEDNESDAY, MAY 15

Matsue, Japan

After a morning of cruising, call at Sakai port for lunch and an exploration of charming Matsue, with the option to visit one of the few surviving castles in Japan, built in 1611, or stroll through Matsue's historic samurai quarter, with a visit to the Lafcadio Hearn Museum to learn about this beloved 19th-century author who lived in the city and assumed the Japanese name of Yakumo Kaizumi after his naturalization. Drive through lush countryside to visit the Adachi Museum of Art, with a collection of contemporary Japanese works set in exquisite, highly manicured traditional gardens. *CALEDONIAN SKY (B,L,D)*

THURSDAY, MAY 16

Kanazawa

Call at the refined artistic center of Kanazawa for a visit to Kenroku-en, considered by many to be the finest landscape garden in Japan. Enjoy a tea ceremony at a classic teahouse, and time at leisure to explore Kanazawa's historic neighborhoods as well as artisan shops and museums dedicated to the city's renowned cultural pursuits, including silk dyeing, ceramics, and the production of gold leaf and lacquerware. *CALEDONIAN SKY (B,L,D)*

FRIDAY, MAY 17

Sado Island

Call this morning at remote Sado Island, home base for the taiko drumming group Kodo ("heartbeat"). Attend a hands-on drumming workshop, a short performance by several of the resident drummers, and a guest lecture on this ancient art form. Also take a guided walking tour through the picturesque fishing village of Shukunegi, where more than one hundred traditional Edo-period houses line the narrow streets. Return to the ship for lunch on board and an afternoon of cruising. *CALEDONIAN SKY (B,L,D)*

SATURDAY, MAY 18

Hakodate

Dock this morning in Hakodate, located on the south coast of the island of Hokkaido. Visit the local market featuring fresh seafood and other local specialties, and take a cable car up Mount Hakodate for panoramic views over the city and port. After a final afternoon of cruising, gather for a farewell reception and dinner on board. *CALEDONIAN SKY (B,L,R,D)*

SUNDAY, MAY 19

Otaru / Disembark / Return to U.S.

Arrive this morning in Otaru. Disembark and transfer to Sapporo's New Chitose Airport for flights home (arriving the same day), or join one of the optional post-tour extensions. (B)



SUN DECK



PANORAMA LOUNGE



CASTLE DECK CABIN



DINING ROOM



The *Caledonian Sky* is a 114-passenger premier expedition ship refurbished in 2012. All cabins have an ocean view, en suite bathroom with walk-in shower and/or bathtub, spacious wardrobe or walk-in closet, safe, minibar, individually controlled heat/air-conditioning, flat-screen television, and sitting area with sofa. Twenty-three of the suites feature private balconies. The ship's amenities include a dining room, two lounges with bar service, small library and gym, sun deck with comfortable lounge chairs, hairdresser, laundry service, and gift shop. An elevator services all passenger cabin decks. The *Caledonian Sky's* chefs prepare quality international meals, predominantly Western-style, served in a single open seating. A friendly crew provides exceptional, personalized service, with more than a 1:2 crew-to-passenger ratio. The ship features advanced satellite navigation and communication equipment, roll stabilizers, and a fleet of Zodiac landing craft.

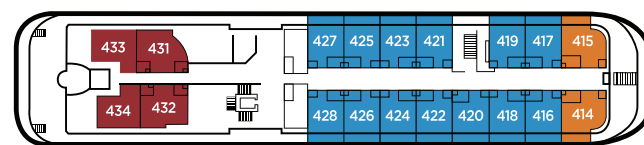
PROGRAM RATES, per person
CATEGORY

CATEGORY		DOUBLE	SINGLE*
A	CASTLE DECK 244 sq. ft. with two portholes, shower	\$10,995	—
B	CASTLE DECK 244 sq. ft. with two, three, or four portholes, shower	\$12,495	\$18,795
C	CALEDONIAN DECK 232 sq. ft. with large window, bathtub, shower (except 329, 330, and 331, shower only)	\$13,995	\$20,995
D	PROMENADE DECK 217 sq. ft. with large window, shower (except 431 and 432, with bathtub, shower)	\$14,495	—
E	BRIDGE DECK 215 sq. ft. plus 45 sq. ft. private balcony, sliding glass doors, walk-in wardrobe, bathtub, shower	\$14,995	—
F	PROMENADE DECK 217 sq. ft. plus 60 sq. ft. private balcony, sliding glass door, walk-in wardrobe, shower	\$15,995	—
G	PROMENADE DECK 243 sq. ft. plus 60 sq. ft. private balcony, sliding glass door, two portholes, walk-in wardrobe, shower	\$16,995	—

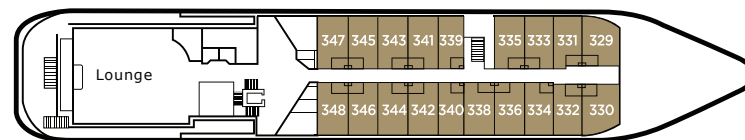
*Limited



BRIDGE DECK



PROMENADE DECK



CALEDONIAN DECK



CASTLE DECK

General Information

PROGRAM RATES INCLUDE

- All accommodations, meals, and excursions as specified in the itinerary
- Comprehensive program of briefings, lectures and presentations
- Arrival transfers by shared shuttle van and departure transfers by motor coach
- Baggage handling
- Gratuities to porters, waitstaff, guides, drivers, and shipboard personnel
- Port charges
- Entrance fees
- Welcome wine reception in Kyoto and farewell cocktail reception on board
- House wine, beer, and soft drinks with welcome dinner and with all lunches and dinners on board the *Caledonian Sky*
- Bottled water on motor coaches
- Professional tour manager

PROGRAM RATES DO NOT INCLUDE

- U.S. domestic and international airfare
- Passport/visa expenses
- Medical expenses and immunizations
- Private airport transfers
- Travel insurance
- Optional excursions or deviations from the scheduled tour
- Excess baggage charges
- Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted
- Laundry or dry cleaning
- Telephone, fax, Internet and email charges
- Room service
- Other items of a personal nature

WHAT TO EXPECT

We consider this a moderately strenuous program that is at times physically demanding and busy. Daily excursions involve up to one mile of walking at a time, often on uneven terrain. In some instances, elevators are unavailable and stairs may not have handrails. You will be required to remove your shoes while visiting temples, shrines, and a number of other sites. You will need to climb into and out of Zodiacs for one excursion ashore (there will be staff and crew members on hand to assist). Participants must be physically fit, active, and in good health.

AIR ARRANGEMENTS

Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice.

J A P A N by Sea

LAND OF THE RISING SUN aboard the *Caledonian Sky*
May 5-19, 2019

PLEASE NOTE: U.S. domestic and international airfare is not included in the program rates. Round-trip economy-class airfare from New York to Osaka, Japan, with return from Sapporo, is approximately \$2,050 per person as of July 2018 and is subject to change without notice.

INSURANCE Travel insurance for trip cancellation and interruption, medical problems, baggage loss and delay, etc., is highly recommended. Trip cancellation policies that apply to this expedition are included in this brochure. Information about travel insurance will be sent to confirmed participants.

A NOTE ABOUT COSTS Tour costs are based upon current fuel prices, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.

GROUP SIZE This program is limited to 94 participants, including travelers from the Archaeological Institute of America, the National Trust for Historic Preservation, Harvard, and Stanford.

Terms & Conditions

RESERVATIONS & PAYMENTS

To reserve space, return the completed reservation form with your \$1,000 per person deposit to: Archaeological Institute of America Tours, P.O. Box 938, 47 Main St., Suite One, Walpole, NH 03608-0938 or fax to 603-756-2922. Balance of payment is due January 4, 2019. We accept personal checks, payable to **Criterion Travel**, as well as VISA, MasterCard, American Express, and Discover. Reservations will be processed in order of receipt. By submitting your deposit, you are bound to the terms and conditions delineated throughout this brochure.

CANCELLATIONS & REFUNDS

Upon payment of a deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be effective until they are received in writing and confirmed by AIA Tours. Deposits are refundable (less a \$250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% non-refundable. Cancellations after final payment deadline of

January 4, 2019: All payments are 100% nonrefundable, regardless of booking date. For this reason, we strongly urge participants to purchase trip cancellation insurance. If the program is cancelled by AIA Tours or Criterion Travel, our tour operator, you will receive a full refund, without further obligation on our part. Refunds cannot be made to participants who do not participate in any part of the program, who do not complete the tour for whatever reason, or whose documentation for entry into any country on the itinerary is delayed or denied. **NOTE:** Neither AIA Tours nor Criterion Travel accepts liability for any airline cancellation penalty incurred by the purchase of a non-refundable ticket in conjunction with this tour.

HEALTH All participants should be in good health and capable of keeping up with an active group of travelers. By forwarding the deposit for passage, the passenger certifies that he/she does not have any physical or other condition or disability that would create a hazard for him/ herself or other passengers.

ITINERARY CHANGES The itinerary and study leaders presented for this tour are subject to modification and change by AIA Tours and Criterion Travel. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, AIA Tours and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

RESPONSIBILITY Complete Terms & Conditions will be sent to participants upon confirmation and are available to prospective travelers upon request. As a condition of participation, each passenger will be required to sign a Release of Liability, which will be sent along with the Terms & Conditions.

California Seller of Travel Program CST #2088800-40

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RESERVATION FORM

Please send your deposit check, payable to **Criterion Travel**, and this form to: AIA Tours, P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608-0938; Fax: 603-756-2922. For questions, or to hold your space while you send in your Reservation Form, please contact us at 800-748-6262; or by email: aia@studytours.org. Website: www.aiatours.org.

NAME #1 (as it appears on passport) _____ DATE OF BIRTH _____

NAME #2 (as it appears on passport) _____ DATE OF BIRTH _____

STREET ADDRESS _____

CITY / STATE / ZIP _____

HOME PHONE _____ MOBILE PHONE _____

EMAIL _____

PAYMENT

- Enclosed is my check for \$ _____ (\$1,000 per person, payable to **Criterion Travel**), for _____ place(s) on *Japan by Sea*, or
 Please charge my deposit of \$ _____ (\$1,000 per person) to my
 VISA MasterCard American Express Discover

NAME ON CREDIT CARD _____

CREDIT CARD # _____ EXP. DATE _____ SECURITY CODE _____

SIGNATURE AS IT APPEARS ON CREDIT CARD _____ DATE _____

- I/We understand that final payment is due January 4, 2019, 120 days prior to departure. Registrations after January 4, 2019: full payment is due.

ACCOMMODATIONS

Cabin category preference: 1st _____ 2nd _____
 Bed preference at hotels (not guaranteed): Two beds One bed

SINGLE TRAVELERS

- I prefer to have single accommodations.
 I plan to share accommodations with _____
 I'd like to know about roommates. I am a smoker / non-smoker.
 I understand that if a roommate cannot be located for me by the final payment date of January 4, 2019, I will pay the single rate.

- I/We have read the Terms and Conditions section of this brochure and understand and agree with them as stated herein.

SIGNATURE _____ DATE _____

SIGNATURE _____ DATE _____



by Sea



May 5-19, 2019 aboard the *Caledonian Sky*



ARCHAEOLOGICAL INSTITUTE
OF AMERICA TOURS

P.O. Box 938, 47 Main St., Suite 1, Walpole, NH 03608-0938

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Sacramento, CA



HIGHLIGHTS

CRUISE Japan's Inland Sea and beyond for 10 nights, including a day ashore in South Korea, aboard the *Caledonian Sky*, the smallest deluxe expedition ship available in the region.

DISCOVER hidden gems that many visitors miss, including the rural countryside of Shikoku Island, the fishing hamlets of remote Sado Island, and the picturesque port of Hakodate on the northern island of Hokkaido.

ENGAGE with local people during several interactive experiences including a special presentation about the life and training of a geisha, a tea ceremony in Kanazawa, and a taiko drum workshop with the Kodo Drummers at their home base on Sado Island.

LEARN about some of the products and processes for which Japan and Korea are renowned, from traditional ceramics and landscape design to robotically assembled automobiles and the cultivation of exquisite pearls.